

	<b>First Year 2025-26</b> <b>Regular Activities: Homework collection; Health and Safety; Bulletin notices; Year Gatherings; Lower School Assemblies; Private reading</b>
Term	<b>Autumn Term focuses on settling in to life at SGS: how to get involved, find your voice and build your character</b>
<b>Autumn 1 Events:</b>  <b>Clubs and Activities Sign-up</b>  <b>Induction Activities</b>  <b>School Council Elections</b>  <b>World Mental Health Day</b>	<p style="text-align: center;"><b>Form Activities may include:</b></p> <ul style="list-style-type: none"> <li>• Meeting the Lower School Friends</li> <li>• SGS Expects: Care, Character and Community</li> <li>• Grasping the Opportunity – how to get involved</li> <li>• Friendship – in the real world and online</li> <li>• Getting stuck into a book – the value of private reading (every Tuesday throughout the year)</li> <li>• Study Skills: homework habits; organisation; learning how to use Frog</li> <li>• Your Approach to Learning Grades – what are they and how do they work?</li> </ul> <div style="border: 1px solid #ccc; padding: 10px; margin-top: 10px;"> <ul style="list-style-type: none"> <li>• Enthusiasm</li> <li>• Curiosity</li> <li>• Grit</li> <li>• Social Intelligence</li> <li>• Community Ethos</li> </ul> </div>
<b>Autumn 2 Events:</b>  <b>Anti-Bullying Week</b>  <b>Remembrance Day</b>  <b>Random Acts of Kindness</b>	<p style="text-align: center;"><b>Form Activities may include:</b></p> <ul style="list-style-type: none"> <li>• Co-curricular activities audit: what have you tried?</li> <li>• Awards and Recognition at SGS</li> <li>• Review of term's academic and character strengths, and target setting</li> <li>• The importance of a good night's sleep</li> <li>• Pupil-led form activities</li> </ul> <div style="border: 1px solid #ccc; padding: 10px; margin-top: 10px;"> <ul style="list-style-type: none"> <li>• Enthusiasm</li> <li>• Curiosity</li> <li>• Grit</li> <li>• Social Intelligence</li> <li>• Community Ethos</li> </ul> </div>
Term	<b>Spring Term focuses on your personal development and the 5 character strengths: Enthusiasm, Curiosity, Grit, Social Intelligence and Community Ethos</b>
<b>Spring 1 Events:</b>  <b>Safer Internet Day</b>	<p style="text-align: center;"><b>Form Activities may include:</b></p> <ul style="list-style-type: none"> <li>• New Year's Resolution Bucket Lists</li> <li>• Conflict resolution and emotional intelligence</li> <li>• Am I a Good Friend?</li> <li>• Study Skills: time management</li> <li>• Online Safety focus: Safer Internet Day topic</li> <li>• Responding to Approach to Learning Grades</li> </ul> <div style="border: 1px solid #ccc; padding: 10px; margin-top: 10px;"> <ul style="list-style-type: none"> <li>• Enthusiasm</li> <li>• Curiosity</li> <li>• Grit</li> <li>• Social Intelligence</li> <li>• Community Ethos</li> </ul> </div>
<b>Spring 2 Events:</b>  <b>Founder's Day</b>	<p style="text-align: center;"><b>Form Activities may include:</b></p> <ul style="list-style-type: none"> <li>• Why should I watch/read the news?</li> <li>• True Grit: developing resilience</li> <li>• Online Safety focus: privacy settings and digital footprints</li> <li>• Review of term's academic and character strengths, and target setting</li> </ul> <div style="border: 1px solid #ccc; padding: 10px; margin-top: 10px;"> <ul style="list-style-type: none"> <li>• Enthusiasm</li> <li>• Curiosity</li> <li>• Grit</li> <li>• Social Intelligence</li> <li>• Community Ethos</li> </ul> </div>
	<b>Summer Term focuses on preparing for and reflecting on the exams, and celebrating achievements at the end of your First Year at Senior School</b>
<b>Summer 1&amp;2 Events:</b>  <b>Exams for Lower School</b>  <b>Sports Day</b> <b>Speech Day</b> <b>Music Festival</b>	<p style="text-align: center;"><b>Form Activities may include:</b></p> <ul style="list-style-type: none"> <li>• Preparing for Exams – guide, revision lists and techniques</li> <li>• Looking back to Primary School – what has changed?</li> <li>• Feedback from and reflecting on exams</li> <li>• A Guide to SGS – advice for the new First Years</li> <li>• Is failure sometimes a good thing? Resilience activity</li> <li>• SGS First Years Got Talent</li> <li>• Rounding up the year – what did I achieve?</li> </ul> <div style="border: 1px solid #ccc; padding: 10px; margin-top: 10px;"> <ul style="list-style-type: none"> <li>• Enthusiasm</li> <li>• Curiosity</li> <li>• Grit</li> <li>• Social Intelligence</li> <li>• Community Ethos</li> </ul> </div>

	<p style="text-align: center;"><b>Second Year 2025-26</b></p> <p style="text-align: center;"><b>Regular Activities: Homework collection; Health and Safety; Bulletin notices; Year Gatherings; Lower School Assemblies; Private reading</b></p>
<b>Term</b>	<p style="text-align: center;"><b>Autumn Term focuses on raising the bar: how you can develop your character, get more involved and hone your study skills</b></p>
<b>Autumn 1 Events:</b>	<p style="text-align: center;"><b>Form Activities may include:</b></p>
<b>Clubs and Activities Sign-up</b>	<ul style="list-style-type: none"> <li>• Target setting for Second Year, based on End of Year Reports</li> <li>• SGS Expects: Care, Character and Community</li> <li>• Study Skills – using Frog effectively</li> <li>• Self-esteem and assertiveness</li> <li>• Celebrating cultural differences</li> <li>• Online Safety focus: if it's unacceptable offline, it's unacceptable online</li> <li>• Presenting Skills: every Thursday throughout the year – pupil-led talks</li> <li>• Responding to the Approach to Learning Grades</li> </ul>
<b>School Council Elections</b>	<ul style="list-style-type: none"> <li>• Enthusiasm</li> <li>• Curiosity</li> <li>• Grit</li> <li>• Social Intelligence</li> <li>• Community Ethos</li> </ul>
<b>World Mental Health Day</b>	
<b>Autumn 2 Events:</b>	<p style="text-align: center;"><b>Form Activities may include:</b></p>
<b>Anti-Bullying Week</b>	<ul style="list-style-type: none"> <li>• Road, rail and firework safety</li> <li>• Preparing for creative and language subject options in Third Year</li> <li>• Study Skills: banking your knowledge</li> <li>• Online Safety focus: gaining and giving consent to share</li> <li>• Review of academic and character strengths, and target setting</li> </ul>
<b>Remembrance Day</b>	<ul style="list-style-type: none"> <li>• Enthusiasm</li> <li>• Curiosity</li> <li>• Grit</li> <li>• Social Intelligence</li> <li>• Community Ethos</li> </ul>
	<p style="text-align: center;"><b>Spring Term focuses on looking after your physical and mental health and resilience</b></p>
<b>Spring 1 Events:</b>	<p style="text-align: center;"><b>Form Activities may include:</b></p>
<b>Safer Internet Day</b>	<ul style="list-style-type: none"> <li>• Review of Half Year Report and targets</li> <li>• Choosing subject options</li> <li>• Study Skills: Managing stress and keeping on top of homework</li> <li>• Online Safety focus: Safer Internet Day topic</li> <li>• Responding to the Approach to Learning Grades</li> </ul>
<b>Options Evening</b>	<ul style="list-style-type: none"> <li>• Enthusiasm</li> <li>• Curiosity</li> <li>• Grit</li> <li>• Social Intelligence</li> <li>• Community Ethos</li> </ul>
<b>Spring 2 Events:</b>	<p style="text-align: center;"><b>Form Activities may include:</b></p>
<b>Founder's Day</b>	<ul style="list-style-type: none"> <li>• Study Skills: academic honesty and research skills</li> <li>• Developing a growth mind set</li> <li>• Self-esteem and body image – healthy eating</li> <li>• Risky Business – learning how to take, and manage, risks</li> <li>• Review of academic and character strengths, and target setting</li> </ul>
	<ul style="list-style-type: none"> <li>• Enthusiasm</li> <li>• Curiosity</li> <li>• Grit</li> <li>• Social Intelligence</li> <li>• Community Ethos</li> </ul>
	<p style="text-align: center;"><b>Summer Term focuses on preparing for and reflecting on the exams, and celebrating achievements at the end of your Second Year</b></p>
<b>Summer 1&amp;2 Events:</b>	<p style="text-align: center;"><b>Form Activities may include:</b></p>
<b>Exams for Lower School</b>	<ul style="list-style-type: none"> <li>• Exam preparation</li> <li>• Study Skills: time management during revision</li> <li>• Online Safety focus: step up and speak up – reporting issues</li> <li>• Reflecting on exam performance – what worked and what needs work</li> <li>• Rounding up the year – record of achievement</li> </ul>
<b>Enterprise Day</b>	<ul style="list-style-type: none"> <li>• Enthusiasm</li> <li>• Curiosity</li> <li>• Grit</li> <li>• Social Intelligence</li> <li>• Community Ethos</li> </ul>
<b>Careers Day</b>	
<b>Sports Day</b>	
<b>Speech Day</b>	
<b>Music Festival</b>	

	<b>Third Year 2025-26</b> <b>Regular Activities: Homework collection; Health and Safety; Bulletin notices; Year Gatherings; Lower School Assemblies</b>
<b>Term</b>	<b>Autumn Term focuses on looking ahead to GCSE Options and possible career choices</b>
<b>Autumn 1</b> Events:  <b>Clubs and Activities Sign-up</b>  <b>School Council Elections</b>  <b>World Mental Health Day</b>	<b>Form Activities may include:</b> <ul style="list-style-type: none"> <li>Report review and target setting based on Second Year report</li> <li>Study Skills: positive work habits and wider reading</li> <li>Self-esteem and assertiveness</li> <li>Risky Business Part 2: when risk-taking becomes harmful</li> <li>Online Safety focus: social media – breaking the habit and resisting peer pressure</li> <li>Responding to the Approach to Learning Grades</li> <li>Presenting Skills: every Thursday throughout the year – pupil-led talks</li> </ul> <div style="border: 1px solid gray; padding: 5px; margin-top: 10px;"> <ul style="list-style-type: none"> <li>Enthusiasm</li> <li>Curiosity</li> <li>Grit</li> <li>Social Intelligence</li> <li>Community Ethos</li> </ul> </div>
	<b>Form Activities may include:</b> <ul style="list-style-type: none"> <li>Road, rail and firework safety</li> <li>GCSE Options introduction (HOY / FTs)</li> <li>Careers discussions and sessions</li> <li>The Middle School Handbook - researching the GCSE subjects</li> <li>Preparing for Options Evening</li> <li>Review of academic and character strengths, and target setting</li> </ul> <div style="border: 1px solid gray; padding: 5px; margin-top: 10px;"> <ul style="list-style-type: none"> <li>Enthusiasm</li> <li>Curiosity</li> <li>Grit</li> <li>Social Intelligence</li> <li>Community Ethos</li> </ul> </div>
	<b>Spring Term focuses on choosing GCSE Options and developing the 5 key character strengths</b>
	<b>Form Activities may include:</b> <ul style="list-style-type: none"> <li>Review of December report and targets</li> <li>Individual discussions with FT about Options</li> <li>Online Safety focus: Safer Internet Day topic</li> <li>Careers room form times and drop-in sessions</li> <li>Responding to the Approach to Learning Grades</li> </ul> <div style="border: 1px solid gray; padding: 5px; margin-top: 10px;"> <ul style="list-style-type: none"> <li>Enthusiasm</li> <li>Curiosity</li> <li>Grit</li> <li>Social Intelligence</li> <li>Community Ethos</li> </ul> </div>
<b>Spring 2</b> Events:  <b>Founder's Day</b>	<b>Form Activities may include:</b> <ul style="list-style-type: none"> <li>Strong and supportive friendships - what makes a good friend?</li> <li>Mindfulness – being in the moment</li> <li>Online Safety focus: knowing the law</li> <li>Study Skills: thinking ahead to the exams - timetables and revision lists</li> <li>Thinking about Founder's Day - and using it well</li> <li>Review of academic and character strengths, and target setting</li> </ul> <div style="border: 1px solid gray; padding: 5px; margin-top: 10px;"> <ul style="list-style-type: none"> <li>Enthusiasm</li> <li>Curiosity</li> <li>Grit</li> <li>Social Intelligence</li> <li>Community Ethos</li> </ul> </div>
	<b>Summer Term focuses on preparing for and reflecting on the exams, and celebrating achievements as a Lower School pupil</b>
<b>Summer 1&amp;2</b> Events:  <b>Exams for Lower School</b>  <b>Sports Day</b> <b>Speech Day</b> <b>Music Festival</b>	<b>Form Activities may include:</b> <ul style="list-style-type: none"> <li>Study skills: effective exam revision techniques</li> <li>Good stress and bad stress – what's the difference?</li> <li>Life in the Middle School - preparing for GCSE study</li> <li>Review of academic and co-curricular progress</li> <li>Rounding up the year and life in the Lower School</li> </ul> <div style="border: 1px solid gray; padding: 5px; margin-top: 10px;"> <ul style="list-style-type: none"> <li>Enthusiasm</li> <li>Curiosity</li> <li>Grit</li> <li>Social Intelligence</li> <li>Community Ethos</li> </ul> </div>