



FOUNDED IN 1487

**STOCKPORT
GRAMMAR SCHOOL**

**YOUR GUIDE TO
FIRST YEAR**



WELCOME TO THE LOWER SCHOOL

FROM THE HEAD OF FIRST YEAR



It is almost time for you to get started. I would like to take this opportunity to welcome you and your family to the SGS community. You and your colleagues are now getting ready to embark on a new adventure and join our community, which is over 530 years old!

Over the next few weeks excitement will build and although at times it may feel like you're on an emotional rollercoaster, that's normal and expected, so enjoy the ride! We are all looking forward to meeting you soon and this pack will answer a few questions and help you to learn a few names, locations and to get an idea of how SGS operates.

I hope you have a wonderful break this summer and I would encourage you to set yourself some goals and targets before we get going. Come with positivity, enthusiasm and be open minded. We will take care of the rest!

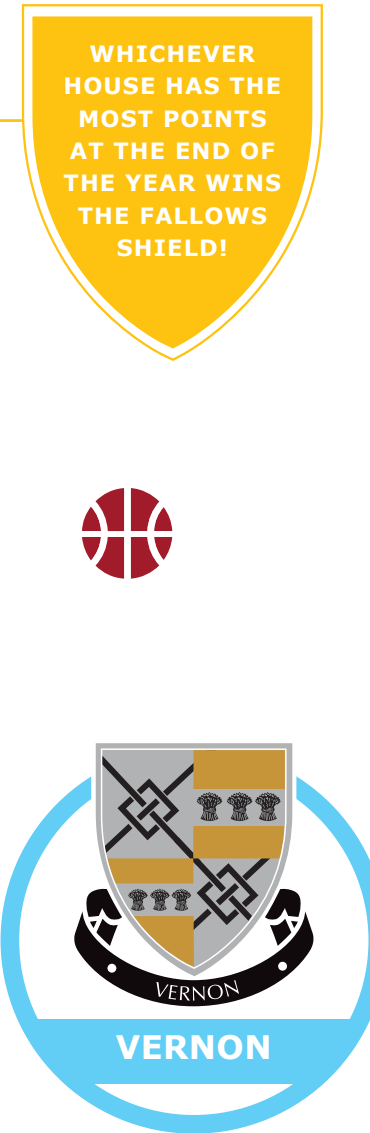
Mr Ehegartner

➤ HOUSES AND CRESTS

Did you know SGS has four houses?

Just like Hogwarts, you'll be sorted into a House when you join SGS (although you won't have to wear the Sorting Hat) and you'll remain in your Houses throughout your time at school.

You can take part in various activities throughout the school year to help earn points for your House. These include sports, chess and photography. At the end of every school year we hold a sports day which will earn points for your House.



WHICHEVER HOUSE HAS THE MOST POINTS AT THE END OF THE YEAR WINS THE FALLOWS SHIELD!

➤ WHO IS WHO

Meet your Head of Year and Head of Lower School. This will help you to spot these members of staff when you're about school.

Head
Mrs Capewell

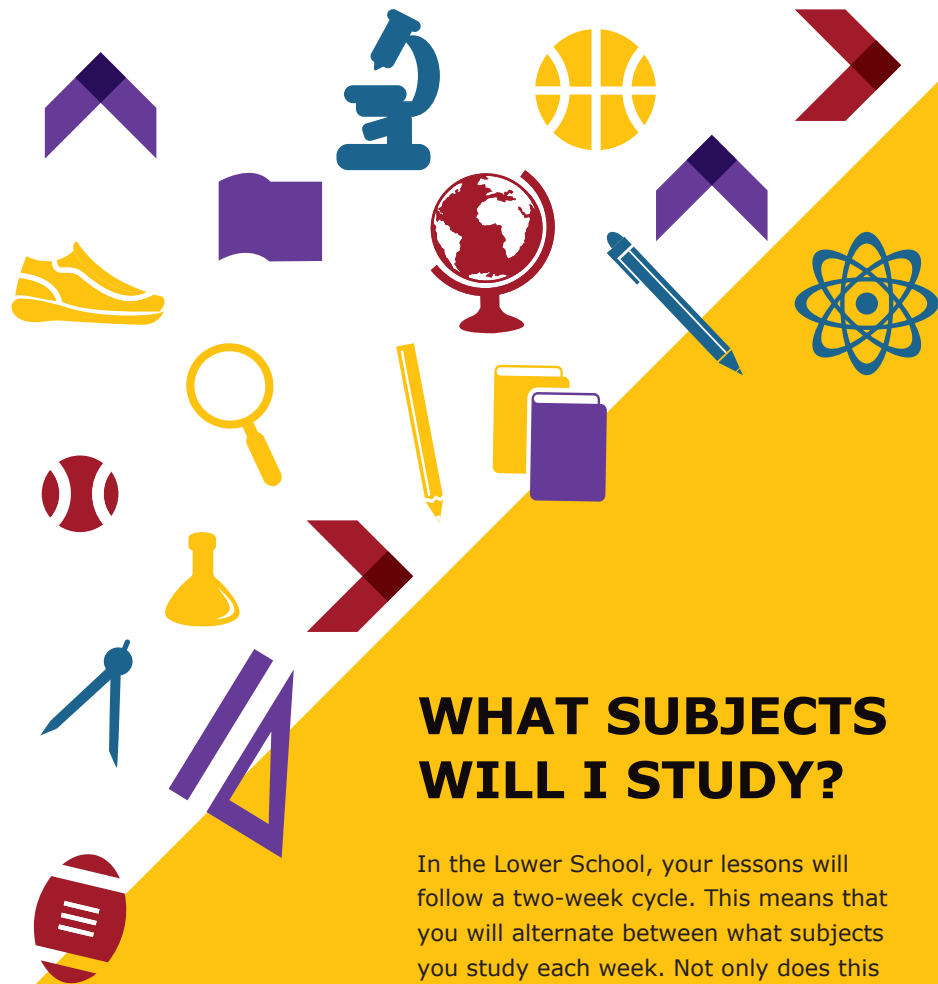


Head of Lower School
Mrs Ashton



Head of First Year
Mr Ehegartner





WHAT SUBJECTS WILL I STUDY?

In the Lower School, your lessons will follow a two-week cycle. This means that you will alternate between what subjects you study each week. Not only does this help you to get the most out of your lessons, it also means that you get to take part in more lessons such as design technology, food technology and different sports during your first years at SGS. To stop you from getting confused between which week is which, we call week one 'blue week', and week two 'yellow week'. There are five lessons per day, and each lesson will last one hour.

How many lessons are provided in each subject area over the course of the ten day cycle?

Subject Area	First Year	Second Year	Third Year
Biology	3	3	3
Chemistry	3	3	3
English	6	5	6
Geography	3	3	3
History	3	3	3
Life Studies	2	2	2
Mathematics	6	6	6
Physical Education	5	4	4
Physics	3	3	3
Religion, Philosophy & Ethics	0	0	2
Computer Science	2	2	
Languages			
• French	3	3	Choose five subjects, with three lessons for each subject per cycle.
• German	3	3*	
• Spanish	0	3*	
• Latin	0	3	
Other Subjects			At least two of the choices must be a language. *In Second Year pupils choose either German or Spanish
• Art	3	2	
• Classics	0	0	
• Design Tech	2	2	
• Food & Nutrition			
• Textiles			
• Music	2	2	
• Drama	1	1	
	50	50	50

SAMPLE TIMETABLES

Below is a sample timetable. Have a good look over it and make sure you can read the times and rooms – this will help you come September when you get your real timetable.

Blue week

P	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM Reg 08:40	Registration JRT M6	Registration MZO M6	Registration MZO M6	Registration JRT M6	Registration JRT M6
P1 09:05	English 1S-Eng RAW W5	Design Technology 1RS-DT MES T2	Life Studies 1S-LS AGE LS1	German 1S-Ger JDW L6	German 1S-Ger JDW L5
P2 10:05	Art 1S-Art TK A4	Physics 1S-Phy AC P5	P.E. 1S-PE-2 LHa	Mathematics 1S-Mat JRT M6	Mathematics 1S-Mat JRT M6
P3 11:25	Physics 1S-Phy AC P5	Mathematics 1S-Mat JRT M6	Music 1S-Mus MGD MU2	Games 1-Gam-1 CJW	History 1S-His JEP G5
PM Reg 13:40	Registration JRT M6	Registration MZO M6	Registration MZO M6	Registration JRT M6	Registration JRT M6
P4 13:50	Design Technology 1RS-DT MES T3	English 1S-Eng RAW W5	Biology 1S-Bio HEL B6	French 1RS-Fre-a DL L2	Computer Science 1S-CS SO CR1
P5 14:50	French 1RS-Fre-a DL CR1	History 1S-His JEP G1	Chemistry 1S-Che ITM C2	Chemistry 1S-Che ITM C2	English 1S-Eng RAW W5



If you would like to know more details about the subjects you'll be studying, scan the QR Code here:

Yellow week

P	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM Reg 08:40	Registration JRT M6	Registration MZO M6	Registration MZO M6	Registration JRT M6	Registration JRT M6
P1 09:05	Chemistry 1S-Che ITM C5	Mathematics 1S-Mat JRT M6	P.E. 1S-PE-2 LHa	Drama 1S-Dr JLM LS1	German 1S-Ger JDW L7
P2 10:05	Mathematics 1S-Mat JRT M6	Swimming 1S-Sw-2 JCP	Geography 1S-Geo KEO G2	Art 1S-Art TK A4	Computer Science 1S-CS SO CR1
P3 11:25	English 1S-Eng RAW W5	Biology 1S-Bio HEL B6	Life Studies 1S-LS AGE LS1	Games 1-Gam-1 CJW	English 1S-Eng RAW W5
PM Reg 13:40	Registration JRT M6	Registration MZO M6	Registration MZO M6	Registration JRT M6	Registration JRT M6
P4 13:50	Physics 1S-Phy AC P5	Geography 1S-Geo KEO G2	English 1S-Eng RAW W5	History 1S-His JEP G1	Music 1S-Mus MGD MU2
P5 14:50	French 1RS-Fre-a DL L2	Design Technology 1RS-DT MES T2	Biology 1S-Bio HEL B6	Mathematics 1S-Mat JRT M6	Geography 1S-Geo KEO G2

YOUR GUIDE TO FROG

FROG is the go-to platform for students to check their timetable, extra-curricular activities, and homework every day.

It's super handy for homework because teachers can easily set, share, and manage tasks, and students have one place to find materials and submit their work. Each subject has its own FROG page where teachers post resources to help students learn more. Teachers will point students to specific parts of their subject page for homework, quizzes, or revision throughout the year.



HOW FROG IS USEFUL FOR HOMEWORK

Centralised Homework Management

FROG lets your teachers assign, track and manage homework tasks all in one place. This makes it really easy for you to see what's coming up and when it's due.

Submission and Feedback

You can submit your homework on FROG and teachers can give feedback there, making learning more interactive and efficient.

Engaging Quizzes

FROG can make learning more fun with game-based quizzes, making homework more interactive and enjoyable for pupils.

Access to resources

You can use FROG to access all sorts of homework resources, like materials and useful online links.

Improved Communication

FROG makes it easy for teachers, pupils, and parents to chat about homework, school events, and other important information, so everyone's always in the loop.

Mobile Access

With the FROG app, you can easily check your homework and other information right from your phone.

Tailored Support

Teachers can use FROG to identify students who may need extra support and adjust their homework accordingly.

FAQS

WHAT TIME IS LUNCH?

Lunchtime runs from 12.30 – 1.40pm. This may seem like a long time but it means you have time to eat some lunch and have the opportunity to take part in one of our many co-curricular activities or sports.

WHAT TIME DOES SCHOOL FINISH?

15:50

Lessons finish at 3.50pm and you must leave the school grounds by 4.15pm unless you are taking part in a co-curricular activity or are working in the Library. The Library is open until 5.30pm. Once the Library closes you can work in the Sixth Form Work Room until 6pm. After that you must leave the school site. If you are taking part in a school concert, which usually starts in the evening, there are separate rules in place for this but your teacher will tell you about them at the time.

HOW DO I KNOW WHAT HOMEWORK I NEED TO DO?

Your teacher will set you homework on FROG or by giving you a worksheet. Homework is set to help aid the understanding of your subjects as you delve deeper into them throughout the year.

HOW DO I KNOW WHICH SCHOOL BUS TO TAKE?

If you're not sure which bus you need to get, we have a handy map to help you. Just scan the QR code to find more information about which bus service goes near your house.



HOW DO I PAY FOR BREAKFAST?

If you would like to buy something from our breakfast service, or book shop you can use your **Parent Pay account**. Your parents can load money onto your account and you just need to give your name when paying and voila!

The book shop doesn't just sell books – you can also pick up stationery as well, which may come in handy if you forget something in your pencil case. There's no need for you to bring debit cards or cash to school.



WHAT TIME DOES SCHOOL OPEN IN THE MORNING?

88:88

Each morning you will meet with your form for registration at 8.40am but you can arrive to school as early as 7.45am. If you arrive at 7.45am, you can get some breakfast in the Dining Hall, visit the library or simply meet up with your friends.

➤ DINING ROOM AND LUNCH MENU

We aim to provide nutritious and appetising meals to keep you fuelled throughout the school day. On offer every day is the option of a main meal, pasta, sandwich, or jacket potato as well as soup, a fresh salad bar, fresh fruit and a dessert option.

Every pupil at SGS has school dinners and we offer vegetarian, vegan and Halal options as well. Our catering staff will be more than happy to let you know which meals are right for you if you are unsure.



SAMPLE MENU ➤

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Soups	Sweet Potato & Carrot	Minestrone	Leek & Potato	Moroccan Vegetable	Roast Red Pepper
Mains	Beef Chilli Tortilla Chips Steamed Rice	Roast Gammon	Piri Piri Chicken in a wrap	Bacon & Cheese Pie	Pork Sausage G/F Sausage Braised Steak
Halal	Beef Chilli	Roast of the day	Piri Piri Chicken in a wrap	Beef Bolognaise	Chicken Sausage
Vegetarian Main	Mushroom Stroganoff & Rice	Moroccan style Stuffed Peppers	Vegetable Fajitas	Goats Cheese Stack	Vegetarian Sausages
Vegetables	Green Beans Sweetcorn	Roast or Mash Potatoes Broccoli Florets Sliced Carrots	Savoury Rice Sweetcorn	New Potatoes Peas Baton Carrots	Chips Mashed Potatoes Baked Beans
Pasta	Szechuan Chicken Roast Tomato Sauce	Quorn Bolognaise Roast Tomato Sauce	Carbonara Roast Tomato Sauce	Beef Bolognaise Roast Tomato Sauce	Roast Tomato Sauce
Jacket Potatoes	Baked Beans on Monday and Wednesday		Served with a range of toppings daily including cheddar cheese and tuna		
Filled Breads	Cheese & Tomato Roast Ham Roast Beef	Tuna Mayo & Cucumber Chicken, Chorizo & Rocket Falafel, Spinach & Salsa wrap	Roast Turkey Cream Cheese & Cucumber Bagel BBQ Pulled Pork in a Bao Bun	Egg Mayo Pesto Chicken Baguette Goats Cheese & Caramelised Onion	Roast Ham Cheddar Cheese Slice
Hot Dessert	Steamed Chocolate Sponge & Chocolate Sauce	Lemon Drizzle Cake	Cookies	Sticky Toffee Pudding	Chocolate Crunch
Chilled Desserts	Cheese and Biscuits	Strawberry Mousse	Vanilla Slice	Rocky Road	Berry Pavlova
Yogurts, Fruit	Range of yoghurts and cut & whole fruits served daily				
Salads	Fresh composite and side salads served daily with oils and dressings				

MAP



Key			
1.	Business Studies & Economics	9.	Music
2.	Languages	10.	Art
3.	History	11.	Swimming Pool
4.	Computer Room 1: Languages	12.	Sports Hall
5.	Classics	13.	Technology Centre
6.	Psychology	14.	External Relations
7.	Computer Room 2: Woodsmoor	15.	Geography
8.	English	16.	Computer Room 3: Library
		17.	Library
		18.	Physics
		19.	Life Studies & Philosophy
		20.	Book Shop
		21.	Careers
		22.	Mathematics
		23.	Sports Pavilion
		24.	Pavilion Gym
		25.	Hallam Hall
		26.	Chemistry
		27.	Drama
		28.	Bursary
		29.	Main Hall
		30.	Biology
		31.	All-Weather Sports Pitches
		32.	Dining Hall
		33.	Main Entrance
		34.	Junior School
		35.	Infants' School
		36.	Nursery
		37.	Sixth Form
		38.	Medical Centre

> CHECKLIST

Your first day is fast approaching – but what do you need to bring with you?



A HAPPY AND POSITIVE ATTITUDE



A BREAK TIME SNACK*



YOUR NEW SCHOOL UNIFORM



FULLY STOCKED PENCIL CASE
(with pens, pencils, glue stick, scissors, coloured pencils, rubber etc)

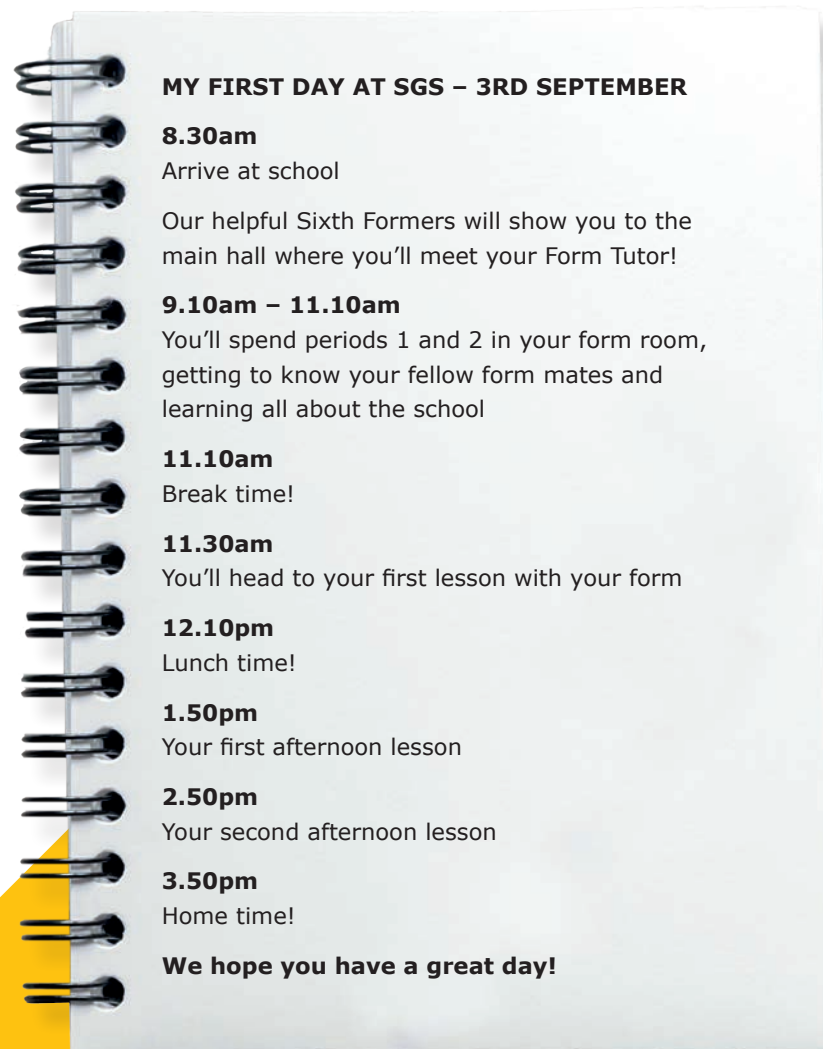


SCHOOL BAG



WATER BOTTLE

> EXAMPLE OF SCHOOL DAY



*SGS is a nut free site, please do NOT bring any snacks containing nuts to school
(You will NOT need to bring your PE, Games or Swimming kit on the first day)





BEYOND THE CLASSROOM
SCAN HERE



➤ CO-CURRICULAR

SGS has a really diverse range of clubs, or co-curricular activities as they are referred to at SGS. These range from rugby to chess and even classics club!

No matter if you're sporty, musical, or want to learn a new skill, there will be a club for you.

Don't worry if you can't find what you'd like to do straight away, our Activities Fair will be a great way to find out about some of the co-curricular activities we have to offer. The fair is held in the Autumn Term at the beginning of the school year and has stalls about some of the activities to help you get involved.

If you want to find out more about the co-curricular activities we offer please scan the QR code.



LIBRARY

Did you know our Library has more than 18,000 books?

You can find the Hallam Library in our Hallam building, just before you get to the Quad. Not only is the Library home to a lot of books that can help you to learn more about your subjects, or with your homework, but you can also find many interesting books that you can take home to read. Did you know we also offer audiobooks too?

Our Library staff will be more than happy to help you find the books you need and answer any questions you may have.



MEET OUR LIBRARY STAFF

Ms Pazos



Favourite book:
The Secret Garden
Frances Hodgson Burnett

Mrs Holt



Favourite book:
The Curious Incident of the Dog in the Night-time
Mark Haddon

Mrs Bates



Favourite book:
Murder on the Orient Express
Agatha Christie

Mrs Gallois



Favourite book:
Mortal Engines
Philip Reeve

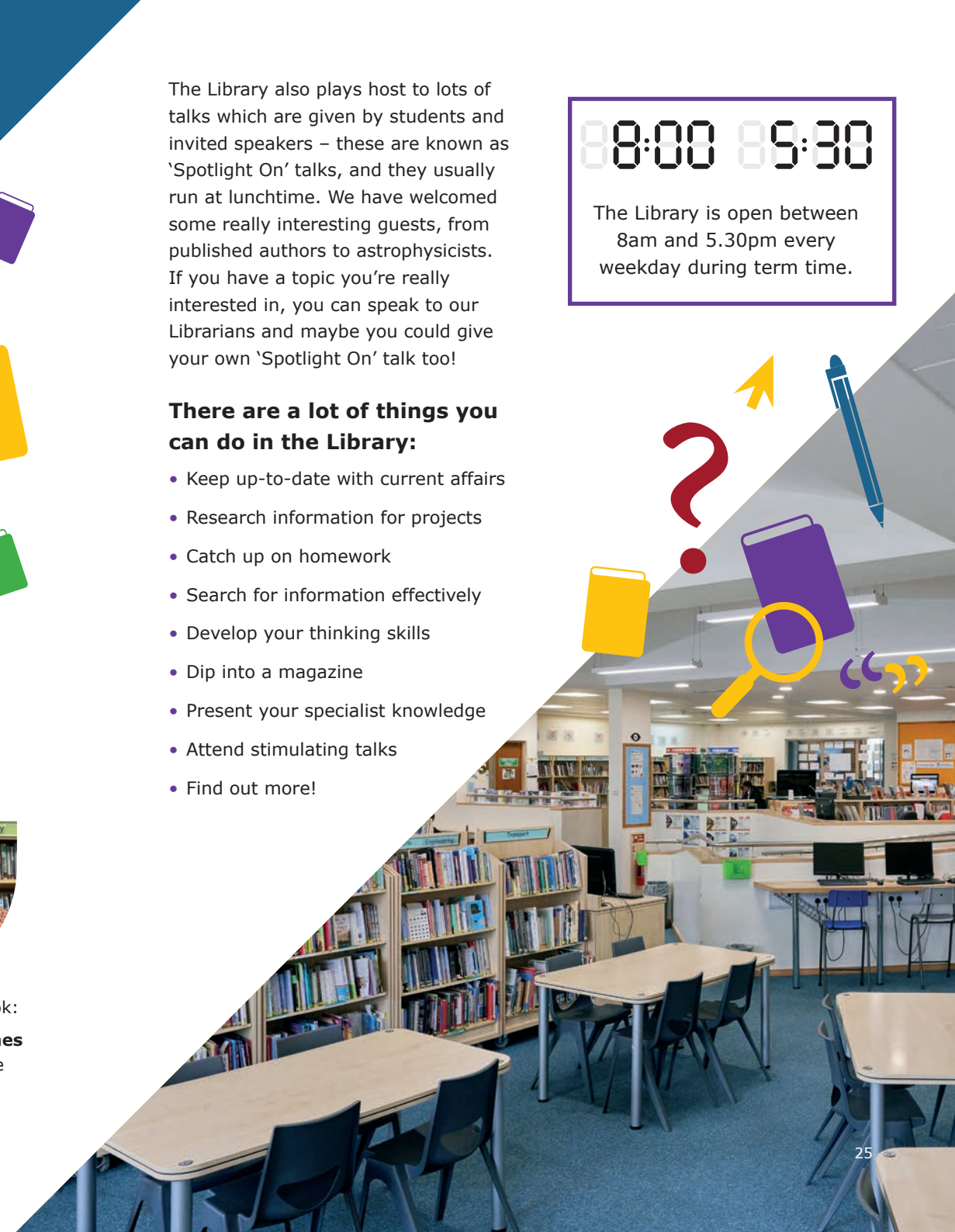
The Library also plays host to lots of talks which are given by students and invited speakers – these are known as ‘Spotlight On’ talks, and they usually run at lunchtime. We have welcomed some really interesting guests, from published authors to astrophysicists. If you have a topic you’re really interested in, you can speak to our Librarians and maybe you could give your own ‘Spotlight On’ talk too!

88:00 85:30

The Library is open between 8am and 5.30pm every weekday during term time.

There are a lot of things you can do in the Library:

- Keep up-to-date with current affairs
- Research information for projects
- Catch up on homework
- Search for information effectively
- Develop your thinking skills
- Dip into a magazine
- Present your specialist knowledge
- Attend stimulating talks
- Find out more!





HOMEWORK

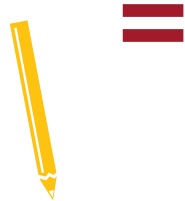
Now you're at secondary school, you will have more homework than you did at primary school.



Homework is really helpful for you to better understand things you are learning, and it also helps your teachers to find out if you are struggling to understand a topic. After the first four weeks, you can expect to have three homework tasks per evening and each subject should take no longer than 30 minutes to complete.



Once you have completed your homework your teacher will give you feedback. This also allows them to see if you have understood a topic. Don't worry if you don't - there will be plenty of help offered to help aid your understanding of your subjects.



➤ **SETTLING IN TO SGS**

We offer lots of opportunities for you to meet your fellow First Years and we are sure you'll make new friends really quickly!

Induction Day – 18th June

Coffee Morning – 29th August

Activities Fair – 15th September

Some of our Sixth Formers also help out as Lower School Friends – they are on hand to answer any questions you may have, help you if you get lost, and help you to settle in to your life at SGS.

➤ **SCHOOL NURSES**

If you feel unwell or need to take medication you can visit our school nurses. Mrs Christine Kelly and Miss Sue Mellish are available throughout the school day.

Located just off the Quad corridor, in the Medical Centre, the nurses should be your first port of call if you don't feel well during the school day. If you need to see the nurse, please make sure to tell your teacher before heading down to their office.





➤ SHOUT OUT

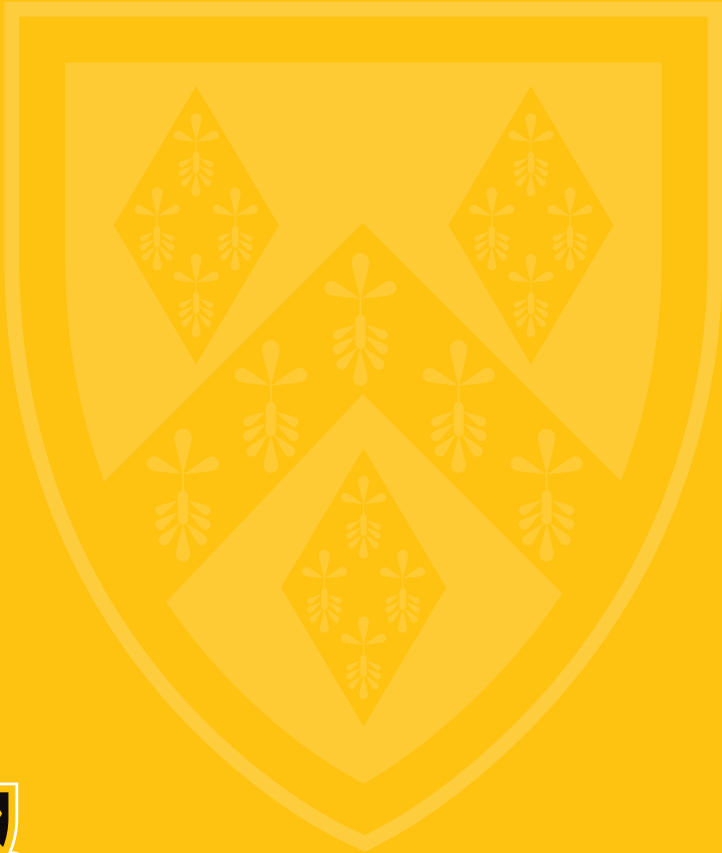
In the First Year we really focus on positivity and achievements – both in and out of school. Maybe you're part of a club, or did something nice for your friends or family. Whatever it is, Head of First Year, Mr Ehegartner would love to hear about it! Every two weeks we have a Year Gathering and you could get a mention in the assembly.

Some examples from this year:

- Player of the Season (club)
- County and District Team Selection
- Charity (Fundraising/Community Service)
- Music/Dance/Drama/Gymnastics Certificates
- Random act of kindness

Please email ehgartner@stockportgrammar.co.uk with your information if you'd like a shout out!

➤ **IN THE FIRST YEAR
WE REALLY FOCUS
ON POSITIVITY AND
ACHIEVEMENTS
BOTH IN AND OUT
OF SCHOOL.**



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